



# The BLS Newsletter

January 12th, 2023

## BLS President's Message

Happy New Year ladies!

I know you've all been pretty busy with the holidays and returning to post-holiday chores and work, but let's look forward to an even busier spring with the BLS.

For the first time ever, we are offering a January discount taking membership fees to only 20KD for the next 2 weeks for ladies who are passport holders from Britain, Ireland, New Zealand or Mauritius. We need more Brits to join up so we can finally include members who have been waiting since September to join, so please encourage your friends to join up who fit the bill as Brits. (Or if their husbands do!)

We've also got the Gala Dinner to look forward to, open to all, with members receiving a discount on their tickets. More information to come nearer the time, but it will be after February.

We do require lots of help securing items for the raffle and auction at the Gala dinner to raise money for our two charities. The cost price to us has gone up significantly by the venue, so the best opportunity to raise money on the night, and keep ticket price as low as possible, is to have great raffle and auction items.

The events and activities team have been working hard planning lots of exciting things to do, see, and experience in Kuwait in 2023 so make sure to follow us on Instagram @blskuwait and regularly check in on the BLS Kuwait WhatsApp group and the BLS website.

We are also working hard to update discounts for BLS members on the website so keep checking the members' area on [www.theblskuwait.org](http://www.theblskuwait.org) for details.

One final note ladies. As our Treasurer is leaving Kuwait soon, **we need to fill this vital position on our committee.** If you are interested, please let me know. No previous experience is necessary, we can explain everything that you need to know!

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Stay tuned for dinners, beach meet ups, sporting activities, coffee mornings and more!

Thank you,  
Jennifer

# BLS Committee 2022-2023

| Position                         | Name                                      |
|----------------------------------|---|
| President                        | Jennifer Cadiz                            |
| Vice President                   | Bex Widdicombe                            |
| Society Secretary                | Alex Carroll                              |
| Treasurer                        | Kyla Mulvaney                             |
| Vice Treasurer                   | Janet Newman                              |
| Events Coordinator               | Annie Morris                              |
| Assistant Events Coordinator     | Sonia Biondi                              |
| Activities Coordinator           | Ridaab Marzuq                             |
| Assistant Activities Coordinator | Mandy Smith                               |
| Membership Secretary             | Vacant                                    |
| Assistant Membership Secretary   | Munah Boresli assisted by Joanne Lyttle   |
| Communications Officer           | Allison Brannon - Social                  |
| Website Coordinator              | Lydia Reda                                |
| Assistant Communications Officer | Vacant (flash emails, monthly newsletter) |
| Coffee Team Coordinator          | Dana Jandhyala                            |
| Assistant Team Coordinator       | Suzanne Emmerson                          |

## BLS WhatsApp Groups

To keep updated with BLS activities and events please ensure you are on the BLS WhatsApp Groups:

- BLS Kuwait - all committee members are admins and can add new numbers
- BLS book sale - admins Karen, Layla, Munah, Lorraine, Jennifer, Bex
- Evening Book Club - admin Mona 6908 7295
- BLS Walking Group - admins Alex, Layla, Munah, Jennifer
- Monday Morning Coffee - Dana 9770 9883, Lobna 9696 0883
- BLS Cinema Group - Munah, Jennifer
- BLS MUMS & TOTS Group - Nada 9224 6469, Jennifer 66147907

# Membership News

Ladies,  
Please push for your UK lady friends to join BLS – we currently have a Membership Drive on with a 33% discount for British Ladies (see image below for more information).

**Are you interested in volunteering as the Membership Secretary? Contact Jennifer at 66147907 or Munah at 9699 0249 to volunteer.**

BLS Membership Secretary  
Munah



## THE BRITISH LADIES SOCIETY IN KUWAIT **JANUARY JOIN UP DRIVE!**



LADIES  
LADIES  
LADIES  
LADIES



**20KD**



LADIES  
LADIES  
LADIES  
LADIES

**FROM 12TH – 31ST JANUARY ONLY**

**DO YOU OR YOUR SPOUSE HOLD ONE OF THESE PASSPORTS?**

**UNITED KINGDOM**

**IRELAND**

**NEW ZEALAND**

**MAURITIUS**



**THIS 33% DISCOUNT JOINING OFFER IS FOR YOU! GO TO:**

**[www.theblskuwait.org/become-a-member](http://www.theblskuwait.org/become-a-member)**



The BLS annual membership fee goes to 30KD on 1st February 2023  
Membership runs from 1st October 2022-30th September 2023



# Upcoming BLS Events / Activities

## – Save the Date

If you have an activity you would like to suggest -- please do let the Activities team know when you are available so we can coordinate a date. You can DM @blskuwait on Instagram, message the BLS Kuwait WhatsApp group, or contact [activities@theblskuwait.org](mailto:activities@theblskuwait.org).

Keep an eye for new activities on social media and in future BLS Newsletters!

**Starting Sunday January 15th, 2023– Bayan Shegirova’s Art Class at the BLS Premises** – 10:00am – 12:00pm. Cost: 10KD per session for members, 15KD per session for non-members. Learn the fundamentals of drawing with Bayan in these weekly classes. See the ad attached to the email for more details. To sign up, contact our Activities Coordinator, Ridaab, at 963 966659559.

**BLS Gala Dinner:** This will be an outside event at a special venue. A “Save the date and register your interest” email will be sent soon.



Do you or someone you know have their own business or works for an employer who may be willing to offer an item or voucher that we could include in our raffle – or auction? Maybe you already have something that you would be happy to donate?

If you are able to help us with any prizes for the Gala Dineer, please contact Jen at 66147907. All funds raised during the night go to our two charities for this year – Cherished Gowns and KALD

# BLS Clubs

## Monday Morning Coffee

Dana, as Coffee Coordinator, has created the Monday Morning Coffee WhatsApp group, so do ask to be added if you want to know where will be the next meet-up – contact Dana on WhatsApp at 9770 9883.

If you would like to host a coffee morning either at your home or at the premises, please ask within the “BLS Kuwait” WhatsApp group (contact Jennifer at 66147907 to join) or if you would like to host a special fundraising coffee event, email Jennifer at [president@theblskuwait.org](mailto:president@theblskuwait.org) with the subject line 'Special Event Coffee'.

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## Walk the Talk

The weather is getting cooler ladies! We are looking for a Walk the Talk Coordinator. However, any one of you can suggest a one-off walk within the WhatsApp group for our walking ladies if that’s all you have time for. To be added, contact Jennifer at 66147907.

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## Mums & Tots

Exciting new activities planned! Ask to join the BLS MUMS & TOTS WhatsApp group to confirm meetups and other playdates. WhatsApp Nada 9224 6469.

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## BSL Book Clubs

### Morning Book Club

Thank you to Dana who has volunteered to coordinate the Morning Book Club. If you are interested in getting involved, please contact Dana on WhatsApp at 9770 9883

### Evening Book Club

If you are interested in joining the Evening Book Club, contact Mona at 6908 7295.

First meet up will be in the New Year having read the following:

| Month   | Book  | Author        |
|---------|---|---------------|
| January | How to Fail: Everything I've Ever Learned From Things Going Wrong | Elizabeth Day |

## BLS Clubs - continued

### Library at the Premises – More Than Just a Library....

We will always try to give notice of when the library is open so make sure to check BLS Kuwait on WhatsApp, or @blskuwait on Instagram.

**BOOKS!** Not only do we have a huge selection of books available to borrow, we also have a large selection of books and DVDs for sale at the incredibly low price of 250 fils each!

**JIGSAWS!** *New intake of jigsaws.* Why not borrow a jigsaw to pass the time – 1KD to hire and 500fils back when you return. From the fairly easy to the extremely challenging, there is something for everyone.

**COFFEE & CAKE!** For only KD 1 for can enjoy a cup of tea or freshly brewed coffee along with a biscuit and usually some homemade goodies too!

**INFORMATION!** Make use of our table and notice board which shares useful contact numbers and recommendations for everything from taxi services, tailors, maintenance services and more!

**FRIENDLY CHAT!** Use your visit to catch up with members and meet new friends. All done in safe surroundings. This includes temperature check on entry (by Q8realtor staff at entrance), hand sanitizer, mask wearing and social distancing.

**WHATSAPP GROUP!** Ask to join our BLS book sale group for offers.

## British Consulate Information

### Keeping in touch

#### Follow:

@ukinkuwait



#### Subscribe:



[www.gov.uk/foreign-travel-advice/kuwait](http://www.gov.uk/foreign-travel-advice/kuwait)

#### Call or write:



22594320 (24/7)



[www.gov.uk/world/organisations/british-embassy-kuwait](http://www.gov.uk/world/organisations/british-embassy-kuwait)

The best place to find  
government services  
and information  
is [www.gov.uk](http://www.gov.uk)



GOV.UK

Get started >

# BLS Discounts

The BLS Members are entitled to discounts at a variety of organisations in Kuwait. The BLS thanks all the organisations in Kuwait who sponsor us by giving discounts to our members. For further information, please check the BLS website.

If you know a business that might be interested in offering a discount for BLS Members, please ask them for details and contact Jennifer at 66147907.

## Beauty

|                     |                          |
|---------------------|--------------------------|
| <b>Cutting Edge</b> | 15% off on hair services |
|---------------------|--------------------------|

## Healthcare

|  |  |
|--|--|
| <b>Opticians - International Optique</b> | 20% discount to BLS members and immediate family on sunglasses and frames (not including contact lenses or brands at their discretion) |
|--|--|

|                                 |   |
|---------------------------------|---|
| <b>Opticians - Kefan Optics</b> | 25% discount to BLS members and their immediate family on frames and sunglass (only at Alhamra Tower – Kuwait City) |
|---------------------------------|---|

## Cafes and Restaurants

|              |                     |
|--------------|---------------------|
| <b>Pauls</b> | 10% at all branches |
|--------------|---------------------|

## Households, Florists and Pets

|                                    |                     |
|------------------------------------|---------------------|
| <b>Ethan Allen Homes Interiors</b> | 15% on all products |
|------------------------------------|---------------------|

|                      |  |
|----------------------|--|
| <b>Caravan Gifts</b> | 10% off all purchases, enter code BLS1 on checkout |
|----------------------|--|

## Jewellers

|                    |     |
|--------------------|-----|
| <b>ArabesqueQ8</b> | 10% |
|--------------------|-----|

|                       |   |
|-----------------------|---|
| <b>Nafisa Designs</b> | 10% discount with online code BLSQ8<br>10% Discount is also available in her shop in Salmiya with membership card |
|-----------------------|---|

# Buy, Sell and Swap WhatsApp

## Vide Grenier WhatsApp Group

The French Association has said BLS members can join their Vide Grenier (Buy, Sell, and Swap) WhatsApp Group. If you are interested in buying or selling, do join this active WhatsApp group by putting in a request in the BLS Kuwait WhatsApp group. NEVER contact the Vide Grenier admin directly and do follow the rules to the letter please, as we are only guests.

## BLS Social Media and Website

<https://www.facebook.com/groups/619404001574946>  
[www.theblskuwait.org](http://www.theblskuwait.org)

The only Facebook group we currently have access to is the Members Only BLS Kuwait Group - but this is not regularly updated, nor will it be until we can link it to the @blskuwait Instagram account.

If you get your BLS information through social media, please follow, share and like @blskuwait on Instagram. We're also currently updating the website thanks to volunteer Lydia, so keep hitting that refresh button!

## BLS Charities 2022-2023

Our Kuwaiti Charity this year is The Kuwaiti Association for Learning Differences (KALD), a non-profit organization that collaboratively works towards helping all individuals, especially students in private schools and special education in Kuwait, who have Attention Deficit Hyperactivity Disorder and Learning Difficulties through setting up awareness programs, training courses, and other educational activities.

[www.kaldkuwait.com](http://www.kaldkuwait.com)

Our British Charity this year is Cherished Gowns. Cherished Gowns UK is a charity that provides the families of babies that are stillborn, miscarried or pass away shortly after birth with items of clothing that they are able to be dressed in for their funeral. We offer five sizes of Cherished Gowns, and each gown is accompanied by a hat, pair of booties, a blanket and a cloth nappy. These items are provided completely free of charge to parents, funeral directors, and we also supply every UK hospital with this service. All of the items provided are lovingly made by volunteers around the UK, from donated Wedding Dresses.

[www.cherishedgowns.org.uk](http://www.cherishedgowns.org.uk)