



# The BLS Newsletter

November 3rd, 2022

Hi Ladies,

There are so many events coming up! You may want to treat yourself and your family to new outfits which can be found at our warehouse sale this Saturday, Sunday and Monday! Discounted designer brands from 500fils to 8KD, including La Senza bras at 2KD...and you know how expensive bras are in Kuwait! Kidswear all under 4KD, and GANT Menswear under 8KD.

Please let me know ASAP on 66147907 if you want to join the BLS member reduced price workshops for yoga, candle making, Christmas ornaments or wire trees. Non-members welcome. Check out the Save the Date section for details!

We thank Rhoda Muhmood MBE for the generous donation of art and artefacts which raised approximately 1800KD - shared between Touch of Hope, Operation Hope and BLS's charities KALD and Cherished Gowns UK. Kastana catered beautifully for the all-day event and we're celebrating with dinner at Kastana on the 22nd November, so I hope to see you there.

To keep updated with BLS activities and events please ensure you are on the BLS WhatsApp Groups:

- BLS Kuwait - all committee members are admins and can add new numbers
- BLS book sale - admins Karen, Layla, Munah, Lorraine, Jennifer, Bex
- Evening Book Club - admin Mona 6908 7295
- BLS Walking Group - admins Alex, Layla, Munah, Jennifer
- Monday Morning Coffee - Dana 9770 9883, Lobna 9696 0883
- BLS Cinema Group - Munah, Jennifer
- BLS MUMS & TOTS Group - Nada 9224 6469, Jennifer

Make sure you follow us on Instagram @blskuwait and regularly check your emails ladies, and the calendar on [www.theblskuwait.org](http://www.theblskuwait.org) because Lydia is doing a fantastic job updating the calendar for you all!

Finally, if you make any payments in cash at all to a BLS committee member, please ensure that you take the time to receive a written receipt from an official receipt book!

Thank you for your patience and continued support,  
Jennifer 66147907

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# BLS Committee 2022-2023

Position	Name
President	Jennifer Cadiz
Vice President	Bex Widdicombe
Society Secretary	Alex Carroll
Treasurer	Kyla Mulvaney
Vice Treasurer	Janet Newman
Events Coordinator	Annie Morris
Assistant Events Coordinator	Vacant
Activities Coordinator	Ridaab Marzuq
Assistant Activities Coordinator	Mandy Smith
Membership Secretary	Vacant
Assistant Membership Secretary	Munah Boresli
Communications Officer	Allison Brannon - Social
Website Coordinator	Lydia Reda - Web
Assistant Communications Officer	Vacant (flash emails, monthly newsletter)
Coffee Team Coordinator	Dana Jandhyala
Assistant Team Coordinator	Suzanne Emmerson

## Membership News

Ladies,

Please push for your UK lady friends to join BLS. We have potential associate members feeling pretty dejected and rejected by BLS because we are constitutionally bound to keep the membership 60% Brits/40% non-Brits and they've been waiting a really long time. It's not what we're about as a community, but we do have to stick to the rules.

Membership is 35KD and includes significant exclusive discounts on goods, activities, and services. Please contact Munah at 9699 0249 to arrange payment if you not able to pay by bank transfer. Unfortunately, we cannot send out payment links.

**Are you interested in volunteering as the Membership Secretary? We need your help! Contact Jennifer 66147907 to volunteer.**

BLS Membership  
Munah

# Upcoming BLS Events / Activities

## – Save the Date

If you have an activity you would like to suggest -- please do let the Activities team know when you are available so we can coordinate a date. You can DM @blskuwait on Instagram, message the BLS Kuwait WhatsApp group, or contact [activities@theblskuwait.org](mailto:activities@theblskuwait.org).

**Thursday November 3rd, 2022 – Shop Row & Oak Coffee Morning:** 10:00am – 12:00pm at Salaam, Block 1, St 105, House 41.

10% discount for BLS members! Shop Row & Oak coffee morning hosted by Denise AlShammari in her home. Find all manner of fabulousness, objects that spark joy, and knick-knacks for your home or to gift. RSVP with Jennifer at 66147907.

**Saturday, November 5th 2022 – Liwa Stores Outlet Sale:** 11:00am – 5:00pm at BLS Premises. Kidswear, Womenswear and Menswear, 500fils-8KD.

**Sunday and Monday, November 6th & 7th 2022 – Liwa Stores Outlet Sale:** 09:00am – 5:00pm at BLS Premises. Kidswear, Womenswear and Menswear, 500fils-8KD.

**Friday November 11th, 2022 – BLS Bazaar:** 9:30am – 4:00pm at AUK. Held in the new courtyard of American University Kuwait in Salmiya.

**Tuesday November 15th, 2022 – Yoga for a Cause with Farah:** 6:00pm – 7:00pm at the BLS Premises. Cost: 10KD and proceeds go towards Touch of Hope animal rescue. To register, contact Jennifer at 66147907.

**Wednesday November 16th, 2022 – Evening Book Club:** 6:30pm – 8:00pm at the BLS Premises. Karen Alanizi discusses her book, "Letter Home", available for purchase for 4KD from BLS!

**Saturday November 19th, 2022 - Candle Making Workshop:** 11:00am – 1:00pm. Candle-making workshop taught by Denise AlShammari from Row & Oak, Cost is 15KD for members, 20KD for non-members. Extremely limited spaces, so register your interest asap! To register, contact Jennifer at 66147907.

**Tuesday November 22nd, 2022 – Dinner at Kastana:** 6:30pm – 8:30pm. Dinner at Lebanese Restaurant, Kastana, in Terrace Mall, Salmiya. Enter from Salem Al Mubarak and go to the elevators in the middle of the floor, or park seaside entrance and come through Brands for Less. Kastana is on the 1st floor and wheelchair accessible. Please reserve your place by contacting [events@theblskuwait.org](mailto:events@theblskuwait.org).

## Upcoming BLS Events / Activities cont'd

### **Saturday November 26th, 2022 – Christmas Ornament Workshops with Lucia:**

Both workshops will be held at the BLS Premises, all materials are included. Open for both BLS members and non-members alike! Non-members are charged a 2KD entrance fee per session. To register, contact Jennifer at 66147907.

10:00am – 12:00pm: Beginner's Fabric Covered Ornament making – cost: 2KD per ornament. Children aged 10+ can attend.

12:30pm – 3:00pm: Intermediate Quilted Christmas Ornament making – cost: 6KD per ornament.

### **Tuesday December 6th, 2022 – BLS Christmas Dinner at Jumeirah Messilah**

**Hotel** – 6:30pm – 9:00pm. Theme: Under the Sea at Jumeirah Messilah Hotel and Beach Resort. Cost: 5KD for members, 15KD for non-members. To register, email [events@theblskuwait.org](mailto:events@theblskuwait.org) and cc [activities@theblskuwait.org](mailto:activities@theblskuwait.org). More details to follow.

### **Saturday December 10th, 2022 – Copper Wire Workshop – 10:00am – 12:30pm.**

Copper Wire Crystal Palm Tree bead making workshop with Lucia Kasaam. Cost is 10KD for BLS members, 15KD for non-members. To register, contact Jennifer at 66147907.

## BLS Clubs

### **Monday Morning Coffee**

Dana, as Coffee Coordinator, has created the Monday Morning Coffee WhatsApp group, so do ask to be added if you want to know where will be the next meet-up – contact Dana on WhatsApp at 9770 9883.

If you would like to host a coffee morning either at your home or at the premises, please ask within the "BLS Kuwait" WhatsApp group (contact Jennifer at 66147907 to join) or if you would like to host a special fundraising coffee event, email Jennifer at [president@theblskuwait.org](mailto:president@theblskuwait.org) with the subject line 'Special Event Coffee'.

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### **Walk the Talk**

The weather is getting cooler ladies! We are looking for a Walk the Talk Coordinator. However, any one of you can suggest a one-off walk within the WhatsApp group for our walking ladies if that's all you have time for. To be added, contact Jennifer at 66147907.

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### **Mums & Tots**

Exciting new activities planned! Ask to join the BLS MUMS & TOTS WhatsApp group to confirm meetups and other playdates. WhatsApp Nada 9224 6469.

# BLS Clubs - continued

## BSL Book Clubs

### Morning Book Club

Thank you to Dana who has volunteered to coordinate the Morning Book Club. If you are interested in getting involved, please contact Dana on WhatsApp at 9770 9883

### Evening Book Club

If you are interested in joining the Evening Book Club, contact Mona at 6908 7295.

The books for the next few months are as follows:

Month	Book	Author
November	Letter Home	Karen Alanizi MBE - our very own BLS Library caretaker! Buy your copy at BLS for 4KD. We will be discussing this book at BLS with Karen on Wednesday 16th November at 6pm.
December	The Vanishing Half	Brit Bennet
January	How to Fail: Everything I've Ever Learned From Things Going Wrong	Elizabeth Day

## Library at the Premises – More Than Just a Library....

We will always try to give notice of when the library is open so make sure to check BLS Kuwait on WhatsApp, or @blskuwait on Instagram. **Note: closed on Thursday, 2 Nov.**

**BOOKS!** Not only do we have a huge selection of books available to borrow, we also have a large selection of books and DVDs for sale at the incredibly low price of 250 fils each!

**JIGSAWS!** *New intake of jigsaws.* Why not borrow a jigsaw to pass the time – 1KD to hire and 500fils back when you return. From the fairly easy to the extremely challenging, there is something for everyone.

**COFFEE & CAKE!** For only KD 1 for can enjoy a cup of tea or freshly brewed coffee along with a biscuit and usually some homemade goodies too!

**INFORMATION!** Make use of our table and notice board which shares useful contact numbers and recommendations for everything from taxi services, tailors, maintenance services and more!

**FRIENDLY CHAT!** Use your visit to catch up with members and meet new friends. All done in safe surroundings. This includes temperature check on entry (by Q8realtor staff at entrance), hand sanitizer, mask wearing and social distancing.

**WHATSAPP GROUP!** Ask to join our BLS book sale group for offers.

# British Consulate Information

## Keeping in touch

Follow:

@ukinkuwait



Subscribe:



[www.gov.uk/foreign-travel-advice/kuwait](http://www.gov.uk/foreign-travel-advice/kuwait)

Call or write:



22594320 (24/7)



[www.gov.uk/world/organisations/british-embassy-kuwait](http://www.gov.uk/world/organisations/british-embassy-kuwait)



# Buy, Sell and Swap WhatsApp

## Vide Grenier WhatsApp Group

The French Association has said BLS members can join their Vide Grenier (Buy, Sell, and Swap) WhatsApp Group. If you are interested in buying or selling, do join this active WhatsApp group by putting in a request in the BLS Kuwait WhatsApp group. NEVER contact the Vide Grenier admin directly and do follow the rules to the letter please, as we are only guests.

# BLS Social Media and Website

<https://www.facebook.com/groups/619404001574946>  
[www.theblskuwait.org](http://www.theblskuwait.org)

The only Facebook group we currently have access to is the Members Only BLS Kuwait Group - but this is not regularly updated, nor will it be until we can link it to the @blskuwait Instagram account.

If you get your BLS information through social media, please follow, share and like @blskuwait on Instagram. We're also currently updating the website thanks to volunteer Lydia, so keep hitting that refresh button!

## BLS Charities 2022-2023

Our Kuwaiti Charity this year is The Kuwaiti Association for Learning Differences (KALD), a non-profit organization that collaboratively works towards helping all individuals, especially students in private schools and special education in Kuwait, who have Attention Deficit Hyperactivity Disorder and Learning Difficulties through setting up awareness programs, training courses, and other educational activities.

[www.kalduwait.com](http://www.kalduwait.com)

Our British Charity this year is Cherished Gowns. Cherished Gowns UK is a charity that provides the families of babies that are stillborn, miscarried or pass away shortly after birth with items of clothing that they are able to be dressed in for their funeral. We offer five sizes of Cherished Gowns, and each gown is accompanied by a hat, pair of booties, a blanket and a cloth nappy. These items are provided completely free of charge to parents, funeral directors, and we also supply every UK hospital with this service. All of the items provided are lovingly made by volunteers around the UK, from donated Wedding Dresses.

[www.cherishedgowns.org.uk](http://www.cherishedgowns.org.uk)